

2PROAPT

2PROAPT is...

A commitment YOU make with God, and God alone.

Commit at least 30 minutes a day to your time with God.

It is highly recommended to do this in the morning.

Put away the cell phone and use a Bible. Eliminate distractions. If you get impulses to do this or that, say NO and give this time to God alone.

PRAY:

Recognize who God is, give thanks to Him for at least 3 things, ask for forgiveness, receive the forgiveness, ask for protection of your mind, to have self-control to focus on Him and to hear what He wants you to hear by the power of His Holy Spirit.

PREVIEW:

Read the text quickly.

READ:

Read the text slowly.

What verse/verses pop out at you?

Write them in the left column.

OBSERVE:

who, what, where, when, why, how – what captures your attention?

What questions come to your mind? What are all your observations?

Write it all down in the middle column.

APPLICATION:

(NOTE: this is when the enemy will most likely try to interfere – don't let fear, shame, the person next to you or the squirrels running around distract you from continuing 😊):

How does this apply to my life?

What is God saying to me?

What have I learned about Him or myself?

What does He want me to do – or NOT do?

Write it all down in the right column.

PRAY:

Pray as the Holy Spirit leads you

Tell God what you need to tell Him. Thank Him for what He has just shown to you or spoken to you.

Pray for the courage, discipline and self-control to move forward, to trust and obey Him.

TELL:

Tell someone!! Share the bread that God has baked in your heart.

And when you hear someone share, you will now know how to pray for them!!